



Move for the Planet

A little move for you...
A big movement for our environment!

Decide yourself which of the five sustainability
projects you would like to support!

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www.lions.de/move



move@lions.de



We get moving for more sustainability!

We get moving! Moving and doing good at the same time? It's possible with **Move for the Planet!** Participating in the charity run benefits your own health and the environment at the same time. With Move for the Planet, Lions and Leos from Germany have set themselves the goal of raising a large sum of money for preselected environmental projects.

Who can participate? Everyone is called upon to get moving! It's not about fast times or maximum distances - it's about as many people as possible taking part and setting an example together. The distance and the type of movement can be freely chosen. We recommend swimming 500 metres, a 1 km wheelchair ride, jogging 5 km, walking 10 km or cycling 20 km. Alone or with family, friends or colleagues. Or as a team with the school

About us:

Alongside our youth organisation LEODEUTSCHLAND, the approximately 52 000 members of Lions Germany are committed to social and community-oriented projects. We are part of one of the largest service organisations with around 1.4 million members worldwide. The Foundation of the German Lions bundles the charitable activities of the German Lions and is the organiser of Move for the Planet.

class, sports club or institution. You can participate at a freely chosen location within the Move period from the first of April until the first of May 2022.

Where can I register? Registration will open on the 18th of March 2022 on our website www.lions.de/move. We thank our Partner Race Result for the support.

How much can I donate? With the participation fee of 10 €, reduced for children, youths and Leos to 5 € (plus small transaction costs), everyone who takes part makes a donation. Additional donations can be made at stiftung.lions.de/donate!

What happens with my participation fee? Participants decide for themselves to which of the Move environmental projects their own contribution will go to.



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Stiftung der Deutschen Lions

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[move_for_the_planet](https://www.instagram.com/move_for_the_planet)



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